



# Reynella Scout Group

Scout Hall: Market Street, Old Reynella, SA 5161

Post: PO BOX 11, Old Reynella, SA 5161

Email: [reynella@sa.scouts.com.au](mailto:reynella@sa.scouts.com.au)

## Overnight Camping Activity FAQ

### Q: What goes in a dilly bag?

A: A dilly bag is a cloth draw string bag used to transport your camp eating gear. Preferably cotton because it breathes and allows your gear to stay dry without going mouldy. The drawstring stops bugs and dirt getting in, allows the bag to be hung up on camp, and stops your gear from falling out! We recommend using reusable outdoor picnic sets, but make sure the plastic is not too hard/brittle as they will break. Stainless steel and enamel are a good option too, but will be more expensive.

Inside your dilly bag should be:

- Plate, bowl, cup
- Cutlery (knife, fork, spoon)
- Tea towel



### Q: What kind of bag should I pack?

A: Duffle bags without wheels are best for camping and around 70-90l should be large enough. Youth Members are encouraged to pack themselves for camp, this helps develop independence and ensures they remember where to find the items they packed! Suitcases are not suitable. Youth Members should also bring a separate backpack to bring along to activities during the camp.



### Q: What kind of footwear is best?

A: Most camps involve lots of walking and physical activity. Enclosed, comfortable shoes should be worn on camp, with thick socks. A pair of sneakers is best. Brand new shoes and gumboots are not recommended – they are often unmalleable and cause blisters.

### Q: How do sleeping arrangements work?

A: In younger age sections, leaders will generally decide on tent allocations. Leaders will consider a range of factors to select appropriate 'tent buddies', including the camping experience of youth members.

In older age sections, youth members are more involved in planning the tent allocations. Tents are gender separated in all age sections.



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## Q: What bedding do families need to provide?

A: Youth members need to pack their own mattress, sleeping bag and pillow, plus an additional blanket for warmth. Youth do not 'share' bedding when on camp, including siblings. The Scout Group will provide tents for youth to sleep in.

## Q: What kind of mattress should I bring?

A: Single mattresses should be used – double mattresses are not helpful. There are many kinds of mattresses on the market, each with its own pros and cons. We've compared the three main options:

### Foam Sleeping Mat *leaders choice*

- Inexpensive, lightweight and easy to roll up
- Very durable
- Available at most department and outdoor stores
- Insulates against dampness, but not the most comfortable



### Blow Up / Inflatable Mattress

- Inexpensive, easy and compact when deflated
- Need to be inflated – manual pumps take up space, built in/electric pumps require a power source (access to power not always readily available on camps)
- Potential for air leaks, punctures can be hard to locate and repair
- Does not retain heat

### Self-Inflating Mattress

- More expensive than air mattress
- Doesn't require air pump for inflation – internal foam does the work for you
- Good insulation from cold, and comfortable
- Difficult for younger children to pack up – bulky to pack

Stretchers should not be brought – we cannot accommodate these in our tents.

## Q: Can special dietary needs be catered for?

A: Yes, the Scout Group will ensure that the camp menu caters for dietary requirements and allergies. Leaders will speak to families for clarity if needed. Families must ensure dietary and allergy information is up-to-date in Operoo. Please speak to a leader in advance if you have any questions about catering for particular dietary requirements.



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## Q: What about fussy eaters?

A: The Scout Group will provide a healthy, balanced and yummy camp menu. There is always plenty of food, and we eat often to keep our bodies fuelled. Youth generally choose what to eat from the options available, and will be encouraged to make healthy choices. However, we are unable to specially cater for particular food preferences. Youth will often eat foods that are not their usual preference when they're in the company of other hungry campers!

## Q: What about medications?

A: The Scout Group will work with youth members to ensure all medication is taken as needed during a camp. Families must ensure youth members' medical details are up-to-date in Operoo and must hand all medication to leaders in a labelled plastic bag at the start of the activity. Parents need to fill out a Y10 form to authorise us to supply the medication – Leaders will have these forms available at drop-off. We encourage youth members to be involved with organising their own medications during camp, with support from adult leaders.



## Q: I have more questions!

A: Contact a Leader if you have any questions – we are here to help!

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